

Nondiscrimination Notice and Language Assistance

TeleDirectMD

Effective October 31, 2026.

1. Who we are

TeleDirectMD is the name used by a group of medical practices owned and controlled by Parth Bhavsar, MD: Parth Bhavsar Medical Corporation, a California professional medical corporation (visits in California); Parth Bhavsar Medicine PLLC, doing business as TeleDirectMD (visits in New York); TeleDirectMD, PLLC, a Texas professional limited liability company (visits in Texas); and Mahavir Health Services LLC, a Georgia limited liability company doing business as TeleDirectMD (visits in all other states we serve and Washington, D.C.). This notice applies to all of them.

2. Discrimination is against the law

TeleDirectMD complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin (including limited English proficiency and primary language), age, disability or sex. TeleDirectMD does not exclude people or treat them less favorably because of race, color, national origin, age, disability or sex. As our own policy, we also do not discriminate on the basis of sex characteristics, pregnancy or related conditions, sexual orientation, sex stereotypes or gender identity.

3. Help for people with disabilities

TeleDirectMD provides, free of charge and in a timely manner, reasonable changes to our policies and practices (reasonable modifications) for people with disabilities, and aids and services that help people with disabilities communicate with us, including:

- qualified sign language interpreters;
- written information in other formats, such as large print, audio and accessible electronic formats; and
- help by phone with booking, intake forms and joining your video visit.

4. Help in your language

TeleDirectMD provides language services free of charge and in a timely manner to people whose primary language is not English, including:

- qualified interpreters; and
- information written in other languages.

5. How to get help

Call (678) 956-1855 or email contact@teledirectmd.com. Tell us what you need when you book, or at any time before or during your care. We can arrange interpreter services at no cost.

6. How to file a grievance

If you believe TeleDirectMD has failed to provide these services or has discriminated against you in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with us:

- by phone at (678) 956-1855;
- by email to contact@teledirectmd.com; or
- by mail to TeleDirectMD, Attn: Civil Rights Grievances, 113 S Perry St, Ste 206 #5077, Lawrenceville, GA 30046.

If you need help filing a grievance, call us and we will help you. We will look into your grievance and answer you in writing. We will not retaliate against you for filing a grievance.

7. How to file a complaint with the federal government

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights:

- online at ocrportal.hhs.gov; or
- by phone at 1-800-368-1019 (TDD 1-800-537-7697).

8. Where to find this notice

This notice is posted on our website, teledirectmd.com, and is linked from our booking and intake pages. To get it in large print, braille, audio or another format, call (678) 956-1855.

9. Language Assistance / Asistencia de Idiomas

ATTENTION: If you speak a language other than English, language assistance services are available to you free of charge. Call (678) 956-1855.

Español: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (678) 956-1855.

繁體中文: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (678) 956-1855。

Tiếng Việt: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số (678) 956-1855.

한국어: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. (678) 956-1855 번으로 전화해 주십시오.

Tagalog: PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa (678) 956-1855.

Русский: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните (678) 956-1855.

العربية: ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك
بالمجان. اتصل بالرقم (678) 956-1855.

Kreyòl Ayisyen: ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele (678) 956-1855.

Français: ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le (678) 956-1855.

Português: ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos, de forma gratuita. Ligue para (678) 956-1855.

Polski: UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer (678) 956-1855.

日本語: 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。
(678) 956-1855 まで、お電話にてご連絡ください。

Italiano: ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero (678) 956-1855.

Deutsch: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: (678) 956-1855.

فارسی: توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با شماره (678) 956-1855 تماس بگیرید.